Erin Mills Optimum Health’s Response to COVID-19

In light of the spread of COVID-19, Erin Mills Optimum Health has made adjustments to our clinic and service options in order to adhere to all public health guidelines. We do remain open for patients in emergencies - we offer emergency Chiropractic treatment, as well as some health and wellness diagnoses and therapy sessions over the phone and over video conference.

If you are experiencing physical discomfort or seeking out a particular therapy, please do not hesitate to contact us here, or give us a call at 905-828-2014.

We hope to be able to fully serve you in the near future,

Erin Mills Optimum Health