



Updated COVID Health and Safety Procedures at Erin Mills Optimum Health

Erin Mills Optimum Health is now open for all patients. Our Chiropractors, Naturopaths, Massage Therapists and Chiropodists are now providing regular health care to all of our patients.

We remain committed to adhering to the highest possible health and safety standards to ensure the health and hygiene of all clinic visitors. We are following **all** guidelines from Ontario public health officials, and our governing bodies.

We look forward to helping all of our patients achieve their health goals, in a safe, hygienic and healthy environment.

You can call us at 905-828-2014, or [book an appointment here](#).