

# INSIDE

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SUMMER 13

COMMUNITY LIVING MISSISSAUGA



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## COMMUNITY RESOURCE INITIATIVE - CONNECTING PEOPLE TO THE COMMUNITY

Community Living Mississauga's Community Engagement Resource Initiative has been enjoying great success all around Mississauga.

The Community Engagement Resource Initiative has been bringing together small groups of individuals for an evening of sport, art, good food and friendship.

Currently, 24 members have formed seven groups that meet to enjoy each other's company and to explore all that Mississauga has to offer.

Recently, several members have taken the initiative to meet over weekends or evenings when the group is not meeting in order to further develop friendships, hang

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*Community Living*  
MISSISSAUGA

## DISCOVERING OUR CHAMPIONS AT 58TH ANNUAL GENERAL MEETING

More than 200 people turned out on June 19th for Community Living Mississauga's 58th Annual General Meeting and Celebration, held at the Mississauga Grand Banquet and Convention Centre.

The theme of the evening - Discovering Our Champions - focused on recognizing individuals, businesses and community groups that excel at promoting inclusion within our community.

Keynote speaker, Dr. Callum Peever of Erin Mills Optimum Health, discussed how and why he has become active in many different facets of Community Living Mississauga.

He then went on to challenge those at the meeting to find ways that they can be champions.

Following his remarks, Dr. Peever was presented with the Emerging Partnership Award for the efforts he



A true champion - Dr. Callum Peever discusses his involvement with Community Living Mississauga.

and Erin Mills Optimum Health have made with Community Living Mississauga.

The evening also highlighted the growing relationship Community Living Mississauga has with the co-operators.

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# AGM RECOGNIZES CHAMPIONS (CONTINUED FROM PG. 1)

Individuals who participate in the Employment Resource Centre and Base Site programs shared some of the opportunities they experienced as a result of Community Living Mississauga's relationship with the co-operators over the past year.

Following the presentation of nearly 20 awards, the evening wrapped up with a tribute to Keith Tansley, who celebrates his 20th year as Executive Director of Community Living Mississauga in 2013.



Former Board President, Dave Killins, presents Keith Tansley with a gift in recognition of 20 years as Executive Director.

## 2012-2013 Award Recipients

### Innovative and Committed Staff Awards

Diana Lopes  
Jennifer Polley

### Excellence in Customer Service Awards

Richard English  
Pauleta Seaton  
Nicole Farrell and Kristin Corrado

### Excellence in Building Social Capital Award

Laurie Gallant

### Employer of the Year

AtlasCare Heating and Cooling

### Emerging Partnership Awards

Erin Mills Optimum Health

### Donor Awards

Service Club - Mississauga Central  
Lions Club

Corporation - Parker Simone, LLP  
- Forest Contractors Ltd.

Foundation - Graham Munro Charitable  
Foundation

### Ron Lenyk Media Award

SNAP Mississauga

### Preschool Awards

Jennifer Cawthorpe, Program Director,  
PLASP Early Learning and Child Care  
Centre (Trelawny Public School)

Kasia Pietkiewicz, Early Childhood  
Educator, Peekaboo Child Care Centre  
(Traders Campus)

PLASP Early Learning and Child Care  
Centre (St. Matthew Catholic School)

Salvation Army Erin Mills Child Care  
Centre



# WEEKEND RESPITE PROGRAM - COME AND HAVE FUN!

If your teenager is looking for something fun to do on the weekends, then why not check out our Weekend Respite Programs.

Community Living Mississauga offers weekend respite opportunities for teens between 13-17 years of age who have an intellectual disability. Our Weekend Respite Programs provide an opportunity for teens to participate in fun activities in the community, learn new skills and make new friends!

Our programs include both a Girl's & Guy's Night Out, which run on Fridays from 6:30 to 9:30 pm, and a Saturday Teen Activity Program which runs from 9:30 am to 4:30 pm.

Over the years, our programs have offered teens the opportunity to build friendships and participate in activities such as mini putting, swimming, shopping, playing games at Plavdium, playing tag at LaserQuest, exploring the Royal Ontario Museum and the Ontario Science Centre, watching a Toronto Blue Jays game and other excursions throughout the cities of Mississauga & Toronto.



Our team of enthusiastic and experienced staff provide support in small groups based on the interests and needs of the teens.

If you are interested in learning more about the programs or registering your son or daughter, please contact Lisa Kitchener at 905-542-2694 ext. 2246 or [lisak@clmiss.ca](mailto:lisak@clmiss.ca).

## COMMUNITY RESOURCE INITIATIVE - CONNECTING PEOPLE TO THE COMMUNITY

(CONTINUED FROM PG. 1)

out without a staff or to have a girls evening in, complete with manicures and makeovers.

With the success of the Initiative, Community Living Mississauga has launched a new chapter within the Community Engagement Resource Initiative. Individuals can now register for a three-month session for a fee of \$65.

We are interested in having new people join us and enrich the groups within the Community Engagement Resource Initiative.

We always have room for new members and are developing groups on an ongoing basis.

If you are interested in meeting friends and trying new things, please contact Mary Dillon at 905-542-2694 ext. 2242 or [maryd@clmiss.ca](mailto:maryd@clmiss.ca).



# EMPLOYER OF THE YEAR: THE TEMPERATURE IS JUST RIGHT AT ATLASCARE

AtlasCare has built a reputation in the Greater Toronto and Hamilton areas for exceptional home comfort service for more than 80 years.

AtlasCare dedicates itself to improving the quality of life for its employees, customers, suppliers and communities through their passion for serving others.

It was almost 15 years ago when Peter Smith was hired in the warehouse to complete general maintenance duties. Peter's responsibilities include ensuring the warehouse is orderly and building maintenance.

Peter's mere presence brings a smile to everyone's faces and his enjoyment in working for AtlasCare is obvious through his hard work and dedication. He takes pride in making a difference in people's lives and has established many natural supports throughout his years with AtlasCare.

Peter has expressed that the owner of AtlasCare, Roger Grochmal, is not only his mentor, but has become a valued friend and supporter of Peter. Peter's commitment to his job is

Roger Grochmal, President of AtlasCare Heating and Cooling, (left) accepts the Employer of the Year award from long-time employee Peter Smith and his job coach, Heather Bucci at Community Living Mississauga's Annual General Meeting in June.

evident and the relationships he has built have been long lasting.

Eight years later, AtlasCare hired Tatiana Tejerina to join their team. Tatiana has become an important member of the Administrative Department.

Her role at AtlasCare is essential in keeping all customer files up to date, creating new files when required and ensuring all the filing is completed accurately.

Steve Crozier, Tatiana's Manager, has expressed that Tatiana has become a part of the AtlasCare family.

Tatiana has expressed that working with the AtlasCare family has become an important part of her life and she enjoys being treated fairly

and working with friendly people. The Employment Resource Centre has dedicated itself to developing meaningful partnerships, such as AtlasCare, that are committed to offering valuable employment for the people that we support.

On June 19, AtlasCare was presented with the Employer of the Year award at Community Living Mississauga's Annual General Meeting and Celebration for demonstrating a true commitment to our partnership.



**AtlasCare**<sup>®</sup>  
Pursuing perfect health for your home™





# WHAT'S HAPPENING

AUGUST, SEPTEMBER, OCTOBER



## ON THE VERANDA MUSIC SERIES

August 2, 19, 16, 23 & 30  
Benares Historic House  
Admission: Pay What You Can  
\$5/person or \$10/family (suggested)  
[www.museumsofmississauga.com](http://www.museumsofmississauga.com)  
905-615-4860, ext. 2110



## PORT CREDIT BUSKERFEST

August 16 - 18  
Admission: FREE  
[www.portcreditbuskerfest.com](http://www.portcreditbuskerfest.com)

## CANADIAN NATIONAL EXHIBITION

August 16 - September 2  
Exhibition Place Toronto  
General Admission: \$16  
Children 4 yrs. & under: FREE  
[www.theex.com](http://www.theex.com)  
(416) 363-3800

## WALKING TOUR OF STREETSVILLE

August 23 - 7:30 pm  
September 7 - 10 am  
October 20 - 1 pm  
Meet at 280 Queen St. S.  
Admission: FREE  
[www.villageofstreetsville.com](http://www.villageofstreetsville.com)  
(905) 858-5974



## PORT CREDIT IN-WATER BOAT SHOW

August 23 - 25  
Port Credit Harbour Marina  
Admission:  
Adults: \$10  
Seniors (65 yrs. & older): \$5  
Under 15: FREE  
[www.portcreditboatshow.ca](http://www.portcreditboatshow.ca)  
(905) 278-7005

## SOUTHSIDE SHUFFLE BLUES AND JAZZ FESTIVAL

September 6 - 8  
Various Locations in Port Credit  
Admission: Varies by location  
[www.southsideshuffle.com](http://www.southsideshuffle.com)  
(905) 271-9449

## ROTARY CLUB OF MISSISSAUGA-MEADOWVALE FAMILY DAY

September 21  
11 am - 4 pm  
Lisgar Park  
Admission: FREE

## CULTURE DAYS AND DOORS OPEN MISSISSAUGA

September 27 - 29  
Various Locations throughout  
Mississauga  
Admission: FREE  
[www.cultureonthemap.ca](http://www.cultureonthemap.ca)

## MISSISSAUGA STEELHEADS HOCKEY

October - March  
Hershey Centre  
Admission: 2\$1.95, \$16.95 and \$14.95  
[www.mississaugasteelheads.com](http://www.mississaugasteelheads.com)  
(905) 271-9449

## NUIT BLANCHE

October 5  
Various Locations throughout Toronto  
Admission: FREE  
[www.scotiabanknuitblanche.ca](http://www.scotiabanknuitblanche.ca)

## OKTOBERFEST

October 11 - 19  
Various Locations in Kitchener/Waterloo  
Admission: Varies by venue  
<http://www.oktoberfest.ca/>

## DON'T FORGET TO VISIT:

[www.cultureonthemap.ca](http://www.cultureonthemap.ca)



## DONATION TO COMMUNITY SPORTS LEAGUE IS A HIT!



The Community Sports League extends a heartfelt thank you to Tony Carnelos at Home Run Sports in Mississauga and the Mississauga North Baseball Association for donating two pitching machines. The machines are making a huge difference and the players are enjoying using them.

## UPCOMING FAMILY INFORMATION SESSIONS

Mark your calendar for these upcoming information sessions:

**Estate Planning 101**  
Wednesday, October 9  
7 to 9 pm

**Beyond High School**  
Thursday, November 28  
7 to 9 pm

Both of these sessions will be held at Community Living Mississauga's head office, located at 6695 Millcreek Dr., Unit #1.

To register for either session, please call 905-542-2694.

# 10<sup>th</sup> Annual Community Living Mississauga Golf Classic

Tuesday, August 27, 2013  
Lionhead Golf Club  
1 pm Shot Gun Start

**ONLY A FEW SPOTS  
STILL AVAILABLE!**

Individual - \$250

Foursome - \$1000

(includes: lunch, dinner, golf cart)

To register or to learn about sponsorship opportunities at the tournament, please contact Sara Dias at [sarad@clmiss.ca](mailto:sarad@clmiss.ca) or 905-542-2694, ext. 2248.



# MEALS ON WHEELS CONNECTS COLIN TO HIS COMMUNITY

Colin moved to Mississauga from an institution in 2007.

Years of living in an institutional setting left Colin preferring a regular routine and not to be out of his home for long periods of time.

As a result, his support workers were having difficulties finding a community program or activity in which he was interested in participating.

But when they realized how much Colin liked to meet and get to know people over a period of time and liked to be in his community for shorter periods of time, they decided to approach the Canadian Red Cross about volunteering in the Meals on Wheels program.

Every Friday morning, Colin and his support worker arrive at the Canadian Red Cross head office. They are always greeted by the other volunteers and staff. Colin then helps



himself to coffee, cake and cookies.

After the pre-work snack Colin and his support staff check to ensure they have the correct food items to be delivered, then pack the van.

Colin has been given his own consistent delivery route. At each stop he exits the vehicle and takes out the hot & cold food for the specific senior. Colin meets and

greet each person as he gives them their food and has now become a regular part in the lives of many local seniors.

The Meals on Wheels program is not only helping meet the nutritional requirements of local seniors, it is also helping Colin become an active member of his community.

## CONSIDER OUR MONTHLY DONATION PROGRAM

Many employers sponsor matching gift programs and will match any charitable contributions made by their employees.

If your company is eligible, request a matching gift form from your employer's human resources department and send it completed and signed with your gift.

We will do the rest. The impact of your gift to Community Living Mississauga may be doubled or possibly tripled! Some companies match gifts made by retirees and/or spouses.

For more information about corporate matching gift programs, please contact [sarad@clmiss.ca](mailto:sarad@clmiss.ca) or 905-542-2694.



# SIBLING SUPPORT GROUP PLANS FOR THE FUTURE

As the Mississauga population ages the trend for siblings to become the primary caregivers/supporter/advocates for their family member who has an intellectual disability will increase as well. For example:

Did you know -

- Many siblings wish they had asked more questions about their sibling while their parents were there?
- Many siblings are unfamiliar with the supports and services their brothers or sisters receive?

• Many parents assume that siblings of individuals who have an intellectual disability will automatically take responsibility for their brother or sister when the parents are gone and as a result never have the conversation with their other children?

If you found these questions thought provoking then the Sibling Group may be for you.

The Sibling Group is a fantastic opportunity for siblings of individuals who receive support from Community

Living Mississauga to network, share experiences and voice concerns, in a mutually supportive and safe environment.

Come out to join the conversation on October 1st at 7 pm.

From more information, please contact Sue Taggart at 905-542-2694 ext 2312 or [suet@clmiss.ca](mailto:suet@clmiss.ca).



## PROGRAM OFFERS A LINK TO LOCAL ARTISTS

Greg pioneered the beginning of the Links program by joining an Art class at Neilson Park Creative Centre. At that time, his initial efforts were in making prints.

Then, in January 2013, that he found the Beyond Picasso sessions which were instructed by Steve Rose.

Students are encouraged to explore individually various styles which are reflective of their expressions in abstract concepts among others.

Very early on, Steve recognized an ability in Greg to apply a unique style that was appreciated by other classmates. As the weeks passed by, it was evident that the group had many things to offer.

Among the common threads within

the group of artists in the studio sessions is their camaraderie and willingness to share ideas, critique in a positive manner and provide encouragement.

Greg is a regular guy, working on his craft and improving his skill just like everyone else. Throughout the sessions, Steve was there; giving incentive, providing opinion about techniques, challenging Greg and others to “paint what you feel”.

Each session begins with a short lecture after the easels have been set up. Whether the talk is about Kadinsky, modern abstract painting or the Painters Eleven, Greg is involved.

Since April, the group worked towards a Spring Exhibition which



was held this June at the Neilson Park Creative Centre Gallery.

Greg, like many others, had one of his paintings entered into this exhibition.

